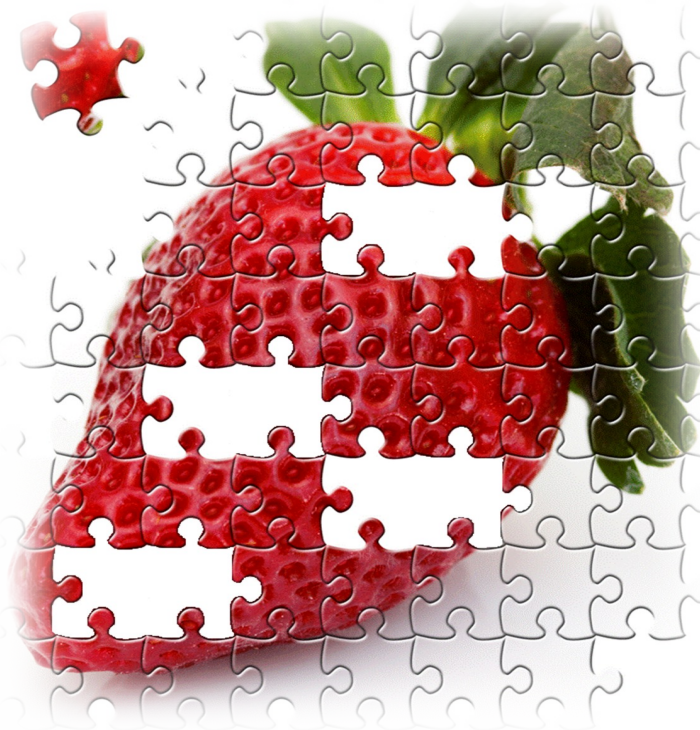


## Center for Nutrition Research IIT IFSH

*Improving public health and quality of life  
through food based solutions*

### What we do -

The Center for Nutrition Research conducts human nutrition and clinical studies to determine the health benefits of foods and food components in a variety of specialty areas. We substantiate health claims through evidence-based science.



### What you get -

- Expertise in determining the health benefits of food and food components.
- Research related to -
  - **Bioavailability** ■ **Nutrient Properties**
  - **Obesity** ■ **Cardiovascular Disease**
  - **Diabetes** ■ **Child & Infant Nutrition**
  - **Satiety** ■ **Attitudes & Behaviors**
- Cost effective test designs used in pre-clinical and clinical studies.
- Fully integrated analytical chemistry lab and pilot plant capabilities.
- Practical data that aligns and validates food safety and nutrition goals.
- Robust business models that support innovative product designs.
- Reduced cost of innovation through industry, government and academic collaboration.
- Facilitated path-to-market strategy through early and ongoing regulatory interaction.

## Center for Nutrition Research IIT IFSH

*Improving public health and quality of life  
through food based solutions*

### How we deliver -

#### Synergistic Science

- Multi-disciplinary approach to nutrition research.
- Collaborative linkages with the FDA.
- Internationally recognized scientists with standard and novel assessment methodologies.
- Reduced front-end costs through leveraged grant awards.
- Industry driven consortiums that address market needs.

#### State Of The Art Facilities

- Clinical Nutrition Research Center with a metabolic kitchen, human subject feeding suites, multiple clinical examination rooms, and an automated clinical analyzer.
- Analytical chemistry lab with state of the art mass spectroscopy equipment.
- GMP Pilot Plant that includes a high pressure processing bay, and other novel processing technologies.

### Contact us -

#### Nutrition Science

**Britt Burton-Freeman, PhD**

Director, Center for Nutrition Research, IFSH  
708.341.7078  
bburton@iit.edu

**Indika Edirisinghe, PhD**

Manager, Center for Nutrition Research, IFSH  
708.563.8178  
iedirisi@iit.edu

#### Business & Market Development

**Armand Paradis, MS**

Director, Business Development, IFSH  
708.563.8175 (office)  
708.821.8615 (mobile)  
aparadi2@iit.edu

**Siva K. Balasubramanian, PhD**

Professor of Marketing and Associate Dean,  
Stuart School of Business, IIT  
312.906.6516  
sivakbalas@stuart.iit.edu

**Website Address**

<http://www.iit.edu/ifsh/>